



James 1:19,20

**FIREPROOFING
YOUR RELATIONSHIPS
BY COMMUNICATION**

**My dear brothers, take note of this:
Everyone should be quick to listen, slow
to speak and slow to become angry,
for man's anger does not bring about
the righteous life that God desires.**

James 1:19,20



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1. 'Tune In' with a listening ear
 - a. Listen intently with your mind open
 - b. Listen with your mouth closed

**"He who answers a matter before he hears it,
it is folly and shame to him."**

Proverbs 18:13



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1. 'Tune In' with a listening ear
 - a. Listen intently with your mind open
 - b. Listen with your mouth closed
 - c. Listen with your heart to understand

1 Peter 3:7



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2. 'Go Hi Def' with Graceful Words

- Proverbs 18:21
- Proverbs 10:19
- Proverbs 15:1



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2. 'Go Hi Def' with Graceful Words

a. 'Hi Def' Words do not Tear Down

"If anyone among you thinks he is religious, and does not bridle his tongue but deceives his own heart, this one's religion is useless."

James 1:26



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2. 'Go Hi Def' with Graceful Words

a. 'Hi Def' Words do not Tear Down

"The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole person, sets the whole course of his life on fire, and is itself set on fire by hell. All kinds of animals, birds, reptiles and creatures of the sea are being tamed and have been tamed by man, but no man can tame the tongue. It is a restless evil, full of deadly poison."

James 3:6-8



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2. 'Go Hi Def' with Graceful Words

b. 'Hi Def' Words always build up

**"Let no corrupt word proceed out of your mouth,
but what is good for necessary edification,
that it may impart grace to the hearers"**

Ephesians 4:29



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“5 Levels to Communication”

1. Hallway Talk – “Fine, how are you?”
2. Reporter Talk – “just give me the facts”
3. Intellectual Talk – “Do you know what I think?”
4. Emotional Talk – “Let me share with you how I feel”
5. Loving, Genuine Truth Talk – “Let’s be honest”



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3. 'Tone down' with a Calm Spirit.
 - a. Try to understand.
 - b. Ask for God's help.
 - c. Learn to talk.
 - d. Attack the problem, rather than the person.
 - e. Never humiliate.
 - f. Don't hold a grudge.
 - g. Practice unconditional togetherness.



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